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Meeting Notes

Program

Terry Smith

M-Powerhouse

Thanks

To **Marge & Phyllis** who shared humor and insights this evening:

Life Membership Game

No one won the game this evening. The balance carries forward to our next game.

M-Powerhouse



Terry Smith

Our guest speaker, Terry Smith, co-founder with Harry Marshall of M-Powerhouse shared with us this evening his passion for helping prevent youth violence and the mission of this organization.

MISSION

To create an environment that fosters wellness, life-long learning and socio-economic literacy as a means of preventing youth violence.

Through symposiums and other educational forums, M-Powerhouse takes direct action to understand the youth of community and help them learn to become responsible citizens. The next symposium is scheduled for **November 20th at Orange High School**. In recent years, they have held similar events at Hillside High School and National Guard Armory in Durham and Merritt Commons Pavilion in Roxboro to draw in the youth of Person and Durham counties.

For more information check the web site:

www.m-powerhouse.org

M-Powerhouse also sponsors programs to research and identify causes that contribute to youth violence. In recent studies they found that in some areas, youth are most impacted by direct interpersonal acts (sometimes involving weapons), while in other areas, the most impact came from cyber attacks (cyber bullying).

They engage volunteers to staff the administrative functions and volunteers to serve as 'mentors' interacting directly with the youth of the community. They also sponsor events related to health and wellness, such as programs on HIV/AIDS, and flu clinics providing flu shots as needed.

We were pleased to present a check to M-Powerhouse as our donation of \$1000 to help fund their symposiums and educational events for the youth of Orange, Durham, and Chatham counties. It is a pleasure to assist with programs that help the youth of the communities around us. Hopefully some members of our Optimist Club can help with the symposium in November.



Welcome to our newest member **HARRY MARSHALL**

President, Bob Verne, administered the oath this evening to induct Harry Marshall, our newest member. Harry's membership was sponsored by Marge Clemons. Harry is a trauma surgeon at UNC Hospital in Chapel Hill and actively involved in the M-Powerhouse organization. Marge presented his pin and new member packet.



We welcome Harry and look forward to his involvement in our club, participating in activities, attending meetings, and helping us grow!



ANNOUNCEMENTS



- The Optimist **memberships for spouses** promotion has been extended through the end of the 2010-11 year. This offers International dues reduced by half for the spouse. See special email with link to details on this topic.
- The **Boys and Girls Homes** in Lake Wacamaw has requested donations to help provide Christmas clothing and gifts for the children there. See special email on this topic and send your personal donations to Phyllis by end of next week.
- Jim confirmed that we will have Optimists helping with the **Carrboro Halloween Festival**, October 29th.
- ARC of Orange **Festival of Trees** has requested our assistance with their events for youth toward the end of November. Bob expects more specific information shortly. Watch for that email.
- We have been invited to the home of Melissa, Phyllis, and Jane Stout. This **Holiday Celebration** December 11th is purely a social event and will be pot luck. Watch for more details later in November and expect a format similar to the celebration we enjoyed at Max & Ann's last year.
- We will **not** be holding regular meetings on December 22nd and December 29th.
- **Jim Casey** brought the article about his **Christian D. Larsen Award** from the *Chapel Hill News* and again expressed appreciation for this honor and the publicity about it.

UPCOMING EVENTS

October 29	Carrboro Halloween Festival at town square
November 3	Lori Harris, President of Port City Optimist, Pharmacy Program
November 10	Gene Dodd, North Raleigh Optimist, Normandy Then & Now
November 17	Board Meeting
November 20	M-Powerhouse Symposium at Orange High School
November 24	No Meeting
November 25	Cardinal Track Club Race * Gallop & Gorge * 7 am
November 28	Ronald McDonald House Sunday Dinner 4 pm Soup & Salad
December 11	Holiday Celebration at Stout home 6:30 pm — 9:30 pm
December 22	No meeting — also no meeting December 29

**1st Quarter
NC East District Meeting:
October 29-30, 2010**

**Location:
Atlantic Beach, NC**

**Sheraton
Atlantic Beach
Oceanfront Hotel
2717 Fort Macon Road
Atlantic Beach,
NC 28512**

(252) 240-1155

OPTIMIST CLUB OF CHAPEL HILL

President:	Bob Verne	rverne44@gmail.com	919-619-2969
Sec/Treas & News Editor:	Phyllis Stout	pstout@fmrealty.com	919-698-7612
Program Chair	Marge Clemons	maggiew013@yahoo.com	919-599-8457